Luxurious One and Two Bedroom Suites
Includes Vermont-Style Hot Breakfast

A world away, but just around the corner.

Celebrate graduation with comfortable accommodations for the entire family, a sumptuous meal to please everyone’s palate, and a breath of fresh air. No lines, no traffic—just off-season rates, and an easy drive to Campus for the big event.

Congratulations!
Find special offers just for you at gostowe.com/uvm

Trapp Family Lodge
trappfamily.com
800-826-7000

Stoweflake Mountain Resort & Spa
stoweflake.com
800-253-2232
Ideally located in the heart of Stowe, featuring luxurious guestrooms and townhouses, Charlie B’s Pub & Restaurant for fireside deck-dining and live entertainment, and Spa at Stoweflake with 150 unique treatments beyond the traditional.

Green Mountain Inn
greenmountaininn.com
800-253-7302
Beautifully restored historic inn blending classic country charm and modern amenities located in Stowe Village. Over 100 guest rooms, suites & apartments - many with fireplaces & Jacuzzis. Complimentary WiFi and flat screen TVs. 2 dining rooms including the Whip Bar & Grill, new heated outdoor pool & in-ground Jacuzzi, health club with Jacuzzi & sauna. Stowe Village Massage offering exceptional services. Weddings and ceremonies.

Please mention this ad to receive the Preferred UVM Parents Rate.

www.greenmountainsuites.com
Welcome to the University of Vermont and the Department of Residential Life! We know that attending college today is a family decision, and we are happy to have you join our campus community.

Transitioning into college can be as overwhelming for families as it is for students. That’s why we’ve published this guide. Inside, you’ll find all you need to know about living in and visiting Burlington. The University of Vermont’s residential community will provide your student with a solid foundation to support those first steps into adulthood and social independence. Our mission emphasizes this, as we strive to foster an inclusive culture of student learning, personal growth, and community involvement. Our live-in support staff consists of full-time professionals, graduate professionals, and undergraduate students. Staff members at all levels of the department are trained to build and facilitate community, mentor and advise students, and respond to emergencies.

As the year unfolds, we encourage you to take full advantage of all the informational resources available to you. Besides this guide, Residential Life provides every student with our Housing and Meal Plan Contract Terms & Conditions, and we hope you’ll take the time to read it. We also invite you to tour our website and sign up for our electronic family newsletter.

Our main office is located in Robinson Hall on Redstone Campus (see our campus map) and is open Monday through Friday from 8:00 a.m. to 4:30 p.m. If we’ve overlooked anything, or if you have any questions, please don’t hesitate to contact us.

On behalf of our entire staff, I wish all students and families the best of luck at the University of Vermont.

Sincerely,

Dr. Stacey A. Miller
Director of Residential Life
The University of Vermont
Commitment to Inclusion
We, members of the Department of Residential Life, are committed to creating and maintaining safe communities that welcome and accept people of all abilities, ages, ethnicities, classes, genders, gender identities, gender expressions, national origins, races, religions, sexes, sexual orientations, and veteran status.

We are committed to confronting situations of intolerance that result from a lack of respect, knowledge, or awareness. Whether these acts of intolerance are public or private, they harm the individual and community as a whole and are irreconcilable with the mission of the university.

Our goal is to instill respect and foster a sense of community that creates, promotes, and supports a socially just residential environment. Students, faculty, and staff are provided opportunities to understand, accept, and appreciate each other through various means including conversations, programming, advocacy, education, support, reflection, and relationship-building.

Mission
The Department of Residential Life’s mission is to foster an inclusive culture of student learning, personal growth, community involvement, and programming in order to develop a socially just and safe community of global citizens.

To reach our mission we will:

RESPECT
Create an inclusive community where all perspectives are shared and valued, and individuals are expected to take responsibility for actions that impact themselves and others.

ETHICS
Instill ethical decision-making skills that support academic and personal integrity, inclusivity, diversity, and responsibility.

ACADEMICS
Establish a residential environment that complements the academic mission and is an integral part of the educational experience.

COLLABORATION
Build and maintain partnerships across the University and the greater Burlington area to optimize the holistic development of our residential community.

HEALTH & WELLNESS
Encourage all members of our residential community to engage in lifelong wellness by supporting healthy choices around mind, body, and spirit.
ResLife Staff

Resident Advisors (RAs)
Resident advisors are returning undergraduate students who provide educational and social programming, and build strong communities. RAs are the first point of contact for their residents and are trained to help connect them to any support they may need.

Assistant Residence Directors (ARDs)
Assistant residence directors are full-time graduate students who split their time between the classroom and their live-in ResLife duties. The ARD assists the residence director (RD) in all matters pertaining to the management of a residential complex, which includes supporting students, supervising RAs, communicating and implementing ResLife policies, and advising student organizations.

Residence Directors (RDs)
Residence directors are full-time student affairs professionals who live and work in a residential complex. They strive to establish an environment that fosters academic achievement, personal development, multicultural awareness, and the comfort and safety of residents. RDs supervise a group of RAs and an ARD, communicate and implement policies, and are available to respond to emergencies. They are also a great resource for residents who may need to talk to someone about their transition to UVM, a roommate issue, or where to find support for their academic needs.
Assistant Directors (ADs)
Assistant directors are full-time student affairs professionals who supervise RDs and oversee several residential complexes. They manage the training and selection processes for professional and RA staff, and are available to residents who have questions, issues, or concerns.

Office Managers (OMs)
Office managers are full-time staff members who manage the main desk operations of residential complexes. They supervise desk staff, oversee mail delivery, manage room changes, and assist with maintenance requests. OMs know a lot about UVM as a whole and are a great resource for residents.

Facilities Staff
Every community member shares in the responsibility of keeping the residence halls safe and clean. Each residence hall has a team of custodial and maintenance staff who take great pride in maintaining a safe and healthful living environment.

### ResLife Contacts

| Main Office—Robinson Hall | Department of Residential Life  
University of Vermont  
Robinson Hall  
406 S. Prospect Street  
Burlington, VT 05405  
Phone: (802) 656-3434  
Fax: (802) 656-1142  
TTY: (802) 656-7922  
Email: reslife@uvm.edu  
Web: [http://reslife.uvm.edu](http://reslife.uvm.edu) |
|--------------------------|--------------------------------------------------|
| Apartments and Family Housing | Apartments and Family Housing  
36 Catamount Lane  
Colchester, VT 05466  
Phone: (802) 654-1735  
Fax: (802) 654-1737  
Email: familyhs@uvm.edu  
Web: [http://reslife.uvm.edu](http://reslife.uvm.edu) |
| Athletic Campus | Harris/Millis  
Living/Learning Center (L/L)  
Marsh, Austin, Tupper (MAT)  
University Heights North (UHN)  
University Heights South (UHS)  
Phone: (802) 656-2052  
Phone: (802) 656-4211  
Phone: (802) 656-2901  
Phone: (802) 656-5550  
Phone: (802) 656-8822 |
| Central Campus | Chittenden, Buckham, Wills, and Converse (CBWC)  
Phone: (802) 656-2959 |
| North (Trinity) Campus | Hunt, McCann, Mercy, McAuley, Ready, Richmond, Sichel, and The Cottages  
Jeanne Mance  
Phone: (802) 656-9640  
Phone: (802) 656-2598 |
| Redstone Campus | Christie, Wright, Patterson, and Slade (CWPS)  
Mason, Simpson, Hamilton, Coolidge, and Redstone (MSHCR)  
Wing, Davis, Wilks (WDW)  
Phone: (802) 656-3200  
Phone: (802) 656-3000  
Phone: (802) 656-2520 |

---

**Stay Natural**
41 Cherry St Burlington, VT  
855-650-0080, hotelvt.com
Summer Academic Housing is available for students taking summer classes. We offer convenient “bridge” housing to summer academic students registered for the first and/or last summer school sessions who wish to stay on campus continuously.

Academic Break Housing Halls for 2014-2015*
- Living/Learning Center
- Harris/Millis
- Marsh/Austin/Tupper
- The Cottages
*subject to change

Residency Requirement
All first-time, first-year students are required to live on campus for the first four semesters they are enrolled at UVM.

Housing and Meal Plan Contract
Each student is required to complete a contract online before moving in to the residence halls. The Housing and Meal Plan Contract Terms & Conditions is legally binding for the nine-month academic year. This document, which is located on our website, is a primary source of ResLife policies and procedures and clearly describes a student’s responsibilities as a member of our residential community.

Room Assignments
Students will be assigned to a room based, in part, on the preferences they select on their housing contract. Preferences include room type and basic lifestyle questions. First-time, first-year students enrolling in the fall semester may access their housing contract online beginning in mid-May. All contracts must be completed by June 30. Students will be notified of their housing assignments by mid-August.

Costs and Fees
The costs associated with living on campus include the room rate, meal plan, and Inter-Residence Association (IRA) fee. Total cost varies and is based on the room style and type of housing, as well as the meal plan selected. These rates are outlined in detail on the ResLife website and in the housing and meal plan contract. Students are billed twice a year, in July and November, prior to the start of the fall and spring semesters.

Academic Break Housing
During Thanksgiving, winter, and spring breaks, only a few residential complexes remain open. We recognize that some students cannot or choose not to travel away from campus during these breaks.

Snowboarding is Often a 1 Credit Class.
So earn that credit with a tour at Burton’s R&D prototype facility and a visit to the Flagship Store. Might not affect your GPA, but it will change your life. It’s wicked smart.
Book a tour at Burton.com/Craigs
periods. Students interested in this option can preference academic break housing on their housing contract, but are not guaranteed a space in a specific residence hall. Residents not living in break housing who would like to stay on campus must find residents in a break housing area willing to lend their room. There is an additional fee for break housing.

Live-at-Home Request Form
Students who are able to live with a parent or guardian within a commutable distance from campus may want to live at home, and exceptions to their residency requirement will be considered. Requests can be made using our live-at-home request form, which must be notarized and received by June 30 of each academic year that a student is required to live on campus.

Get Fit!
There are two fitness facilities conveniently located in the residence halls:
- Wright Fitness Center (on Redstone Campus)
- McAuley Fitness Center (on North /Trinity Campus)

Memberships can be purchased on a first-come, first-served basis each semester, or for the full year at a discounted rate.

Take a Virtual Tour
Check the “Halls” section of our website to see all types of rooms around campus.
reslife.uvm.edu/halls

Residence Halls
We house approximately 5,500 students on four campuses in ten residential complexes. Our complexes offer an assortment of single, double, and triple-occupancy rooms arranged in corridor, suite, and private-style living.

Our residence halls are designed to support academic success and social and educational growth. Residential complexes have study spaces, lounges, and kitchenettes where residents can collaborate on class projects, gather for residential programs, or prepare and share a meal together.

Every room is fully furnished with an extra-long twin bed (36”x 80”), a desk, a chair, and a dresser or wardrobe for each resident. Some people choose to loft their beds and many of the beds around campus can be lofted easily. Residents of rooms without loftable beds can rent lofts from local vendors.

The main desk of each complex serves as a resource hub, where residents receive their mail and other deliveries, borrow recreational or cleaning equipment, and can find answers to all sorts of questions.

Residential Technology
All student rooms are equipped with both wired and wireless Internet, which is also how students access TV and video content. Due to the popularity of cell phones, we do not have landline service in student rooms. However, all residence halls have at least one phone on each floor that residents are welcome to use to make outgoing local calls. To make long-distance calls, a pre-paid calling card is needed.

Accommodations for Students with Disabilities
ResLife is committed to offering a home in our halls to students of all abilities and competencies. Our partnership with ACCESS (Accommodation, Consultation, Collaboration, and Educational Support Services) exists so that all students can experience a barrier-free living and learning environment. Students who require a housing accommodation should contact ACCESS upon acceptance to UVM. Comprehensive documentation is required for all requests and must be submitted by June 30 for consideration. Working together with ACCESS, we strive to accommodate all student needs.

Contact ACCESS
for information about campus accessibility, accommodations, and services at:
(802) 656-7753 or TTY (802) 656-3865
Web: www.uvm.edu/access
Email: access@uvm.edu
ACCESS is located in Living/Learning Center A170.
Residential Learning Communities
Living in a residential learning community (RLC) is a great choice for students interested in merging living and learning into one common setting. An RLC is a programmed housing option designed to integrate academic learning and community living, involving staff and faculty in the process. Living together with others who share common interests and ideals offers students the opportunity to become a part of something tied to the world outside the University.

The goals of RLCs
Each community is designed to achieve the same goals: one, to make it possible for students who share common interests and ideals to live together in an environment where each student can feel part of a true community; and two, to engage the whole student by joining together in one place and in an intentional manner the intellectual, ethical, and social aspects of college life. In addition, each residential community works diligently to ‘leverage’ the opportunities it offers, by linking each of its students not only to his or her particular learning community but also to the larger world beyond the campus. In this way, students, faculty, and staff interact outside the classroom, the lab, or the office, joining campus learning with life experiences. This encourages the pursuit of knowledge as a lifetime activity.

(continued on page 22)

The Honors College
is a residential college enrolling some of the most capable students from the full spectrum of academic programs at UVM. It provides students a rigorous, multi-disciplinary academic challenge that complements and enriches the entire undergraduate experience. Read more at: www.uvm.edu/~honcoll.
Special-Interest Housing
Special-interest communities provide options for students who wish to explore a common interest with their peers. Students living in these themed communities are collectively responsible for initiating activities that help expand their understanding of the theme.

- **Gender-Inclusive Housing** is an option for students who are transgendered; discovering their gender identity; gay, lesbian, bisexual or intersex; uncomfortable with a same-gendered roommate; or more comfortable with a roommate of a different gender.
- **Global Neighbors** is a mixed-nationality community where students share a floor with residents from around the U.S. and the world, and where cross-cultural interactions are the daily norm (housed in Marsh/Austin/Tupper).
- **Rainbow Cottage** is a comfortable housing alternative for lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) students (housed in the Cottages).
- **S.A.F.E. (Substance and Alcohol-Free Environment)** is a tightly knit community where members participate in community service projects that promote substance-free lifestyles (housed in Redstone Hall).

Full-Year Residential Integrated Programs

*College of Arts and Sciences*

- Integrated Fine Arts Program
- Integrated Humanities Program
- Integrated Social Sciences Program
- Integrated Study of Earth and the Environment Program

First-year students in the College of Arts and Sciences have the option of applying to participate in one of four full-year interdisciplinary TAP programs. Participants in these programs live together in special residential communities, where students can easily expand their circle of friends. Students in these programs take four to six connected courses taught by faculty members from different departments. These programs provide added depth, integrate the perspectives of faculty members from different disciplines, and more fully develop students’ creative and expressive abilities. Admission is by application.
Staying Safe in the Halls and On Campus

Although the UVM campus is a very safe place to live, it is important for residents to take an active role in protecting and taking care of themselves, their community, and their property.

How we help keep our students safe:

In the Halls:
- Student living spaces locked 24/7
- Police Services and hall staff on call 24/7
- Centrally monitored fire/CO alarm systems
- Automatic sprinklers
- Land-line phones on every floor
- Policies prohibiting alcohol
- Policies prohibiting illegal substances
- Policies prohibiting covering sprinklers or heat sensors
- Regular health and safety inspections

On Campus:
- On and off-campus shuttle buses
- Well-lit main pathways between buildings
- CatAlert emergency notification system
- Blue Light emergency phones

Life on Campus

Dining Services

University Dining Services (UDS) at UVM, managed by Sodexo Education, serves the campus community’s diverse dining needs. UDS demonstrates their commitment to sustainability by partnering with local/regional growers and producers. They offer a wide range of menu items that give students ample choices for creating nutritious, well-balanced meals. Students with alternative dining needs due to allergies, ethnic or religious observances, food intolerances, and/or other dietary concerns should contact UDS directly.

All on-campus students are required to choose a meal plan. Regardless of which plan is chosen, students will have access to more than a dozen different dining locations across campus. This includes unlimited access in resident dining halls, à la carte choices at retail locations, and convenient takeout selections for meals on the go.

Find up-to-date information on meal plan options as well as costs and fees at: [http://uds.uvm.edu](http://uds.uvm.edu).

Developing a Respectful Community

Living in a residence hall can be one of the most rewarding aspects of the UVM experience. Students may never again come in contact with such a variety of individuals in one community.

Residence halls provide an opportunity for students to develop an appreciation for and understanding of differences between themselves and others.

Community development begins during the very first week of the semester when RAs hold “circles” to create community-living commitments. During these meetings, students engage in conversation about the value of making informed decisions and taking responsibility for the communities in which they live and learn. The community-living commitment is meant to establish standards to address issues such as noise, guests, respect of common spaces, etc.
Ways to Engage & Gain Leadership Skills

- **Join Hall Council**: Plan hall events and advocate for student voices in the residence hall community.
- **Get a ResLife Work-Study Job**: Positions are available at each residence hall main desk, in our central office, or at our fitness centers.
- **Participate in Inter-Residence Association (IRA)**: Provide input on such issues as campus safety, room selection, transportation, and hall programs.
- **Consider becoming a Resident Advisor (RA)**: Learn practical leadership skills, enjoy opportunities for personal growth, and make a difference in the residential community.
- **Become an Eco-Rep**: Promote environmental stewardship and help educate our residents about eco-issues.
- **Join National Residence Hall Honorary (NRHH)**: Be part of a selective group of high-achieving students who exemplify scholarship, leadership, service, and recognition.
- **Apply to be a program director or other student leader in a residential learning community**.
- **Become a peer tutor or advisor**.
- **Join the Student Government Association (SGA)**.
- **Take part in music and theater events**.
- **Participate in Service-Learning**.
- **Volunteer in the community**.
- **Join a club! More than 100 clubs exist, including intramurals and club sports**.
- **Root for your favorite NCAA Division I athletic team**... UVM has 20 of them!

Safety tips for students:

- Be aware of your property
- Purchase renters’ insurance
- Give a second thought to sharing your schedules and photos on Facebook or other social-networking sites
- Keep your phone charged and with you
- Sign up for CatAlert, UVM’s rapid emergency notification system
- Keep your room key and student ID separate
- Lock your door and carry your key with you at all times
- Lock your bike whenever you are not using it
- Register your bike, computer, and other valuables with UVM Police Services at: http://www.uvm.edu/police
- Talk to roommate(s) about the security of your room
- Walk in groups, especially after dark

Got Cat$cratch?
Cat$cratch converts University ID cards into debit cards that can be used at many locations both on and off campus. See where CatScratch dollars can be used at: http://www.uvm.edu/~catcard.
Dear Parents and Families:

UVM is excited to welcome your student, and also you, into our community. One of the great things about UVM is its connection to our wonderful host city, Burlington. Our students, during their time at UVM, become important and active members of the greater Burlington community, with all of the life, career, and social activities and opportunities that make it one of the best places to live and work in the U.S.A.

Burlington is a city of neighborhoods where students live side-by-side with families with young children, seniors, professionals, and working people. Students who live on campus will have many opportunities to go through these neighborhoods on their way to Church Street in downtown Burlington, the Waterfront, or other places in the City. As new students explore the City they are often unaware of their impact on their neighbors, from the noise coming from groups walking late at night to the disruptive behavior that is often fueled by alcohol use (yelling, public urination, littering, property destruction). Our off-campus students are also impacted by large groups of on-campus students looking for parties who are denied access and remain on the street where their noise level attracts police attention. UVM and the City have been working together to eliminate these problems and to create safer and healthier neighborhoods for all. We invite our new students and their parents to be partners with us in these efforts.

As you talk with your student about living in the UVM and Burlington community, please share the message of care and concern about both their safety and their neighbors’ well-being. Students living in Burlington live on a two-way street, where youth, enthusiasm, and vitality intersect with responsibility and care. Your role in reinforcing responsible and respectful behavior is essential, and both UVM and the City are here to help. If you have questions, please contact the Office of Student & Community Relations at: http://www.uvm.edu/~oscr or call (802) 656-9405.

David Nestor
Dean of Students
Connor Daley
President, UVM Student Government Association
Sharon Bushor
Burlington City Councilor and UVM Community Coalition Member
Life off Campus

Important information for new Burlington residents:

• The city’s noise ordinance is enforced 24 hours a day, with quiet hours designated from 10:00 p.m. to 7:00 a.m. Fines are $300-$500 per violation and the third violation is criminal.

• The city enforces alcohol, trash, parking, and other quality-of-life ordinances. Fines are $50-$1,000 per violation.

• Both UVM and Burlington police vigorously enforce local and state laws and notify UVM’s Center for Student Ethics and Standards about all off-campus violations. Find more information on City ordinances at: http://www.burlingtonvt.gov.

The City and UVM are also concerned about your student’s safety and invite you to visit the following resources:

• UVM Police Services (http://www.uvm.edu/~police) and the Burlington Police Department (http://www.bpdvt.org) for prevention and protection advice.

• Off-Campus Living Survival Guide (http://www.uvm.edu/~oscr/pdfs/offcampusguide.pdf) for valuable information on community services, Burlington ordinances, Vermont State laws, and resources.

• Two-Way Street video (http://www.uvm.edu/~oscr/TwoWayStreet.mov), which discusses students and other neighbors living together.

• Off-Campus Late-Night Shuttle Schedule (http://www.uvm.edu/tps/transportation) for information on how to get to and from campus safely.

• Statement of Expectations for Off-Campus Students (http://www.uvm.edu/cses/?Page=offcampus.html) for information on UVM expectations for off-campus behavior.

• Office of Student & Community Relations, which has information on navigating life off campus, connecting with the local community, and working together to create healthier and safer neighborhoods at: http://www.uvm.edu/~oscr.
## Dates to Remember

### FALL 2014

<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time</th>
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</thead>
<tbody>
<tr>
<td>Halls Open for First-Year Students</td>
<td>Friday, August 22</td>
</tr>
<tr>
<td>Halls Open for Returning Students</td>
<td>Sunday, August 24</td>
</tr>
<tr>
<td>Classes Begin</td>
<td>Monday, August 25</td>
</tr>
<tr>
<td>Labor Day Holiday</td>
<td>Monday, September 1</td>
</tr>
<tr>
<td>Halls Close for Thanksgiving Recess</td>
<td>Friday, November 21, 8 p.m.</td>
</tr>
<tr>
<td>Thanksgiving Recess</td>
<td>November 24-28</td>
</tr>
<tr>
<td>Halls Reopen</td>
<td>Sunday, November 30, 8 a.m.</td>
</tr>
<tr>
<td>Classes End</td>
<td>Wednesday, December 3</td>
</tr>
<tr>
<td>Reading and Exam Period</td>
<td>December 4-12</td>
</tr>
<tr>
<td>Halls Close for Winter Recess</td>
<td>Friday, December 12, 8 p.m.</td>
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</tbody>
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### SPRING 2015

<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time</th>
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</thead>
<tbody>
<tr>
<td>Halls Reopen</td>
<td>Sunday, January 11, 8 a.m.</td>
</tr>
<tr>
<td>Classes Begin</td>
<td>Monday, January 12</td>
</tr>
<tr>
<td>Martin Luther King Holiday</td>
<td>Monday, January 19</td>
</tr>
<tr>
<td>Presidents’ Day Holiday</td>
<td>Monday, February 16</td>
</tr>
<tr>
<td>Halls Close for Spring Recess</td>
<td>Friday, February 27, 8 p.m.</td>
</tr>
<tr>
<td>Spring Recess</td>
<td>March 2-6</td>
</tr>
<tr>
<td>Halls Reopen</td>
<td>Sunday, March 8, 8 a.m.</td>
</tr>
<tr>
<td>Classes End</td>
<td>Wednesday, April 29</td>
</tr>
<tr>
<td>Reading and Exam Period</td>
<td>April 30-May 8</td>
</tr>
<tr>
<td>Halls Close for Summer</td>
<td>Friday, May 8, 8 p.m.</td>
</tr>
<tr>
<td>Commencement</td>
<td>Sunday, May 17</td>
</tr>
</tbody>
</table>

**Photo:** Lindsay Hammond '14
<table>
<thead>
<tr>
<th>DEPARTMENT</th>
<th>CAMPUS LOCATION</th>
<th>PHONE</th>
<th>WEBSITE</th>
</tr>
</thead>
<tbody>
<tr>
<td>UVM Information</td>
<td>Living/Learning Center C244 Commons</td>
<td>(802) 656-3075</td>
<td><a href="http://www.uvm.edu/aspprogs">http://www.uvm.edu/aspprogs</a></td>
</tr>
<tr>
<td>Academic Support Programs</td>
<td>Living/Learning Center A170</td>
<td>(802) 656-7753</td>
<td><a href="http://www.uvm.edu/access">http://www.uvm.edu/access</a></td>
</tr>
<tr>
<td>ACCESS (Accommodation, Consultation, Collaboration, and Educational Support Services)</td>
<td>Living/Learning Center A170</td>
<td>(802) 656-7753</td>
<td><a href="http://www.uvm.edu/access">http://www.uvm.edu/access</a></td>
</tr>
<tr>
<td>Admissions</td>
<td>194 S. Prospect St.</td>
<td>(802) 656-3370</td>
<td><a href="http://www.uvm.edu/admissions">http://www.uvm.edu/admissions</a></td>
</tr>
<tr>
<td>ALANA (African, Latino[a], Asian &amp; Native American) Student Center</td>
<td>Blundell House, 342 S. Prospect St.</td>
<td>(802) 656-3819</td>
<td><a href="http://www.uvm.edu/alanastudentcenter">http://www.uvm.edu/alanastudentcenter</a></td>
</tr>
<tr>
<td>Alumni and Parent Relations</td>
<td>Grasse Mount, 411 Main St.</td>
<td>(802) 656-2010</td>
<td><a href="http://alumni.uvm.edu/">http://alumni.uvm.edu/</a></td>
</tr>
<tr>
<td>Athletic Ticket Office</td>
<td>Patrick Gym</td>
<td>(802) 656-4410</td>
<td><a href="http://www.uvm.edu/~sportspr">http://www.uvm.edu/~sportspr</a></td>
</tr>
<tr>
<td>Athletics</td>
<td>Patrick Gym</td>
<td>(802) 656-3075</td>
<td><a href="http://www.uvm.edu/athletics">http://www.uvm.edu/athletics</a></td>
</tr>
<tr>
<td>Bookstore</td>
<td>Davis Center</td>
<td>(802) 656-3290</td>
<td><a href="http://uvmstore.uvm.edu/">http://uvmstore.uvm.edu/</a></td>
</tr>
<tr>
<td>Career Center</td>
<td>Living/Learning Center E140</td>
<td>(802) 656-3450</td>
<td><a href="http://www.uvm.edu/career">http://www.uvm.edu/career</a></td>
</tr>
<tr>
<td>Career + Experience Hub</td>
<td>Davis Center</td>
<td>(802) 656-3450</td>
<td><a href="http://www.uvm.edu/career">http://www.uvm.edu/career</a></td>
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<tr>
<td>CATcard Office</td>
<td>Davis Center</td>
<td>(802) 656-4509</td>
<td><a href="http://www.uvm.edu/~catcard">http://www.uvm.edu/~catcard</a></td>
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<tr>
<td>Center for Cultural Pluralism</td>
<td>Allen House, 461 Main St.</td>
<td>(802) 656-8833</td>
<td><a href="http://www.uvm.edu/~ccpuvm">http://www.uvm.edu/~ccpuvm</a></td>
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<tr>
<td>Center for Health and Wellbeing</td>
<td>Primary Care, 425 Pearl St.</td>
<td>(802) 656-3350</td>
<td><a href="http://www.uvm.edu/~chwb">http://www.uvm.edu/~chwb</a></td>
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<tr>
<td>Center for Student Ethics and Standards</td>
<td>Nicholson House, 415 S. Prospect St.</td>
<td>(802) 656-4360</td>
<td><a href="http://www.uvm.edu/cses">http://www.uvm.edu/cses</a></td>
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<td>Computer Helpdesk</td>
<td>Davis Center</td>
<td>(802) 656-3075</td>
<td><a href="http://www.uvm.edu/~dept">http://www.uvm.edu/~dept</a></td>
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<tr>
<td>Continuing Education</td>
<td>332 S. Prospect St.</td>
<td>(802) 656-2085</td>
<td><a href="http://www.uvm.edu/~learn">http://www.uvm.edu/~learn</a></td>
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<td>Counseling &amp; Psychiatry Services (CAPS)</td>
<td>Jacobs House, 146 S. Williams St.</td>
<td>(802) 656-3340</td>
<td><a href="http://www.uvm.edu/~chwb/psych">http://www.uvm.edu/~chwb/psych</a></td>
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<td>Dudley H. Davis Center</td>
<td>590 Main St.</td>
<td>(802) 656-1204</td>
<td><a href="http://www.uvm.edu/daviscenter">http://www.uvm.edu/daviscenter</a></td>
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<td>Dean of Students Office</td>
<td>Nicholson House, 406 S. Prospect St.</td>
<td>(802) 656-3380</td>
<td><a href="http://www.uvm.edu/~dos">http://www.uvm.edu/~dos</a></td>
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<td>Dining Services</td>
<td>Robinson Hall, 406 S. Prospect St.</td>
<td>(802) 656-4664</td>
<td><a href="http://uds.uvm.edu/">http://uds.uvm.edu/</a></td>
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<td>International Education</td>
<td>Living/Learning Center B162</td>
<td>(802) 656-4296</td>
<td><a href="http://www.uvm.edu/~ois">http://www.uvm.edu/~ois</a></td>
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<td>Learning Cooperative</td>
<td>Living/Learning Center C244 Commons</td>
<td>(802) 656-4075</td>
<td><a href="http://www.uvm.edu/~learnco">http://www.uvm.edu/~learnco</a></td>
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<td>LGBTQA (Lesbian, Gay, Bisexual, Transgender, Questioning, and Ally) Center</td>
<td>Allen House, 461 Main St.</td>
<td>(802) 656-8637</td>
<td><a href="http://www.uvm.edu/~lgbtqa">http://www.uvm.edu/~lgbtqa</a></td>
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<td>Library (Bailey/Howe)</td>
<td>Central Campus</td>
<td>(802) 656-2023</td>
<td><a href="http://library.uvm.edu/">http://library.uvm.edu/</a></td>
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<tr>
<td>Meal Plan Office</td>
<td>Living/Learning Center A110</td>
<td>(802) 656-2945</td>
<td><a href="http://uds.uvm.edu/plans_office.html">http://uds.uvm.edu/plans_office.html</a></td>
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<td>Office of Student and Community Relations</td>
<td>Pearl House, 2 Colchester Ave.</td>
<td>(802) 656-9405</td>
<td><a href="http://www.uvm.edu/~livingoffcampus">http://www.uvm.edu/~livingoffcampus</a></td>
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<td>Police Services</td>
<td>284 East Ave.</td>
<td>(802) 656-3473</td>
<td><a href="http://www.uvm.edu/~police">http://www.uvm.edu/~police</a></td>
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<tr>
<td>Print and Mail Services</td>
<td>118 Waterman Building</td>
<td>(802) 656-2960</td>
<td><a href="http://www.uvm.edu/~pmc">http://www.uvm.edu/~pmc</a></td>
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<tr>
<td>Registrar</td>
<td>360 Waterman Building</td>
<td>(802) 656-2045</td>
<td><a href="http://www.uvm.edu/~registrar">http://www.uvm.edu/~registrar</a></td>
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<tr>
<td>Student Financial Services</td>
<td>223 Waterman Building</td>
<td>(802) 656-5700</td>
<td><a href="http://www.uvm.edu/~sfs">http://www.uvm.edu/~sfs</a></td>
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<tr>
<td>Student Life</td>
<td>Davis Center 310</td>
<td>(802) 656-2060</td>
<td><a href="http://www.uvm.edu/~slife">http://www.uvm.edu/~slife</a></td>
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<tr>
<td>Transportation and Parking</td>
<td>38 Fletcher Place</td>
<td>(802) 656-8686</td>
<td><a href="http://www.uvm.edu/~tpswww">http://www.uvm.edu/~tpswww</a></td>
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<tr>
<td>Women's Center</td>
<td>34 S. Williams St.</td>
<td>(802) 656-7892</td>
<td><a href="http://www.uvm.edu/~women">http://www.uvm.edu/~women</a></td>
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Services and Resources

Student Health Services (SHS)

Primary Care Services
UHC building, ground & 2nd floor
802-656-3350
- Illness and injury evaluation, treatment and follow-up
- Management of ongoing health conditions
- Prevention and screening services
- Medical management of mental health conditions
- Sexual health services (birth control, STIs, sexual assault support)
- Women's, men's, and transgender health care

Specialty Services
- Allergy injections: 656-3350
- Nutrition consultation: 656-FOOD (3663)
- Travel medicine consultation: 656-3350

Administrative Services
- Health insurance info: 656-0602
- Medical records: 656-3303
- Immunization compliance: 656-0970

Athletic Medicine
Patrick Gymnasium; 802-656-7750
- Medical and athletic training services for varsity athletes

Counseling and Psychiatry Services (CAPS)

Jacobs House and
Wright Hall, Redstone Campus
802-656-3340
- Individual & couples counseling
- Group counseling
- Crisis services
- Assessments & evaluations
- Treatment & recovery referrals
- Prescriptions & treatment
- Relaxation and stress management

Men’s Counseling & Outreach
802-656-3340
- Crisis intervention & mental health consulting
- Individual counseling & group consultations
- Educational workshops & presentations focused on men & masculinity

Mindfulness Meditation
802-656-3340
- Weekly meditation drop-in groups
- Workshops, presentations, and consultation
- Web-based guided meditation exercises

Help Overcoming Problem Eating (HOPE)
802-656-3340
- Multidisciplinary case management team
- Counseling, nutritional, medical and psychiatric support and consultation

Living Well
Health Education & Outreach at The Davis Center
802-656-0441
- Inspiring, fun wellness events & educational workshops
- Relaxation room & massage chair
- Connect to Center for Health & Wellbeing services
- Safe space to explore your relationship with wellness
- Tools to build lifelong healthy habits
- Health & wellness resources & information

www.uvm.edu/health