The UNIVERSITY of VERMONT

2015–2016
A GUIDE FOR FAMILIES
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Includes Vermont-Style Hot Breakfast

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VSAC
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Please mention this ad to receive the Preferred UVM Parents Rate.
Welcome to the University of Vermont and the Department of Residential Life! We know that attending college today is a family decision, and we are happy to have you join our campus community.

Transitioning into college can be as overwhelming for families as it is for students. That’s why we’ve published this guide. Inside, you’ll find all you need to know about living on campus, as well as services, resources, and general information about living in and visiting Burlington.

The University of Vermont’s residential community will provide your student with a solid foundation to support those first steps into adulthood and social independence. Students can expect a residential experience that strongly emphasizes our “Four Cornerstones.” Our live-in support staff consists of full-time professionals, graduate professionals, and undergraduate students. Staff members at all levels of the department are trained to build and facilitate community, mentor and advise students, and respond to emergencies.

As the year unfolds, we encourage you to take full advantage of all the informational resources available to you. Besides this guide, Residential Life provides every student with our Housing and Meal Plan Contract Terms & Conditions, and we hope you’ll take the time to read it. We also invite you to tour our website and sign up for our electronic family newsletter.

Our main office is located in Robinson Hall on Redstone Campus (see our campus map) and is open Monday through Friday from 8 a.m. to 4:30 p.m. If we’ve overlooked anything, or if you have any questions, please don’t hesitate to contact us.

On behalf of our entire staff, I wish all students and families the best of luck at the University of Vermont.

Sincerely,

Dr. Stacey A. Miller
Director of Residential Life
The University of Vermont
The Department of Residential Life

Commitment to Inclusion

We, members of the Department of Residential Life, are committed to creating and maintaining safe communities that welcome and accept people of all abilities, ages, ethnicities, classes, genders, gender identities, gender expressions, national origins, races, religions, sexes, sexual orientations, and veteran status.

We are committed to confronting situations of intolerance that result from a lack of respect, knowledge, or awareness. Whether these acts of intolerance are public or private, they harm the individual and community as a whole and are irreconcilable with the mission of the university.

Our goal is to instill respect and foster a sense of community that creates, promotes, and supports a socially just residential environment. Students, faculty, and staff are provided opportunities to understand, accept, and appreciate each other through various means including conversations, programming, advocacy, education, support, reflection, and relationship-building.

The Department of Residential Life is committed to helping develop healthy, engaged, and successful students. Guided by our Four Cornerstones, we strive to provide a student residential experience that promotes the following:

- **Community and Civic Engagement:** Using Restorative Practices to encourage community engagement and accountability.
- **Enhancing Learning:** Facilitating educational and social programming that complements academic learning and strengthens transferable skills.
- **Advancing Diversity and Inclusion:** Exploring self through identity awareness and affirmation of difference, which supports welcoming communities.
- **Health and Wellness:** Fostering an ethic of care that motivates healthy decision-making and emotional well-being.

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- Health and Wellness: Fostering an ethic of care that motivates healthy decision-making and emotional well-being.
Resident Advisors (RAs)
Resident advisors are returning undergraduate students who provide educational and social programming, and build strong communities. RAs are the first point of contact for their residents and are trained to help connect them to any support they may need.

Assistant Residence Directors (ARDs)
Assistant residence directors are full-time graduate students who split their time between the classroom and their live-in ResLife duties. The ARD assists the residence director (RD) in all matters pertaining to the management of a residential complex, which includes supporting students, supervising RAs, communicating and implementing ResLife policies, and advising student organizations.

Residence Directors (RDs)
Residence directors are full-time student affairs professionals who live and work in a residential complex. They strive to establish an environment that fosters academic achievement, personal development, multicultural awareness, and the comfort and safety of residents. RDs supervise a group of RAs and an ARD, communicate and implement policies, and are available to respond to emergencies. They are also a great resource for residents who may need to talk to someone about their transition to UVM, a roommate issue, or where to find support for their academic needs.

Assistant Directors (ADs)
Assistant directors are full-time student affairs professionals who supervise RDs and oversee several residential complexes. They manage the training and selection processes for professional and RA staff, and are available to residents who have questions, issues, or concerns.

Office Managers (OMs)
Office managers are full-time staff members who manage the main desk operations of residential complexes. They supervise desk staff, oversee mail delivery, and assist with room changes and maintenance requests. OMs know a lot about UVM as a whole and are a great resource for residents.

Facilities Staff
Every community member shares in the responsibility of keeping the residence halls safe and clean. Each residence hall has a team of custodians and maintenance workers who take great pride in maintaining a safe and healthy living environment.
The Housing Process

Residency Requirement
All first-time, first-year students are required to live on campus for the first four semesters they are enrolled at UVM.

Housing and Meal Plan Contract
Each student is required to complete a contract online before moving into the residence halls. The Housing and Meal Plan Contract Terms & Conditions is legally binding for the nine-month academic year. This document, which is located on our website, is a primary source of ResLife policies and procedures and clearly describes a student’s responsibilities as a member of our residential community.

Room Assignments
Students will be assigned to a room based, in part, on the preferences they select on their housing contract. Preferences include room type and basic lifestyle questions. First-time, first-year students enrolling in the fall semester may access their housing contract online beginning in mid-May. All contracts must be completed by June 30. Students will be notified of their housing assignments by mid-August.

ResLife Contacts

<table>
<thead>
<tr>
<th>Main Office—Robinson Hall</th>
<th>Department of Residential Life</th>
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<tr>
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<td>University of Vermont</td>
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<td>Robinson Hall</td>
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<td>406 S. Prospect Street</td>
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<td>Burlington, VT 05405</td>
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<td>Phone: (802) 656-3434</td>
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<td></td>
<td>Fax: (802) 656-1142</td>
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<tr>
<td></td>
<td>TTY: (802) 656-7922</td>
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<tr>
<td></td>
<td>Email: <a href="mailto:reslife@uvm.edu">reslife@uvm.edu</a></td>
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<td>Web: <a href="http://reslife.uvm.edu">http://reslife.uvm.edu</a></td>
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<td>36 Catamount Lane</td>
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<td>Colchester, VT 05466</td>
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<td>Phone: (802) 654-1735</td>
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<td>Fax: (802) 654-1737</td>
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<td></td>
<td>Email: <a href="mailto:familyhs@uvm.edu">familyhs@uvm.edu</a></td>
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<th>Athletic Campus</th>
<th>Harris/Mills</th>
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<td>Phone: (802) 656-2052</td>
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<td>Fax: (802) 656-4211</td>
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<th>Athletic Campus</th>
<th>Living/Learning Center (L/L)</th>
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<th>Athletic Campus</th>
<th>Marsh, Austin, Tupper (MAT)</th>
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<th>Athletic Campus</th>
<th>University Heights North (UHN)</th>
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<th>University Heights South (UHS)</th>
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<th>Central Campus</th>
<th>Converse Hall</th>
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<tr>
<td></td>
<td>Chittenden, Buckham, Wills offline Fall '15</td>
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<td>Phone: (802) 656-2959</td>
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<tr>
<th>North (Trinity) Campus</th>
<th>Hunt, McCann, Mercy, McAuley, Ready, Richardson, Sichel, and The Cottages</th>
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<tr>
<td></td>
<td>Phone: (802) 656-9640</td>
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<tr>
<th>North (Trinity) Campus</th>
<th>Jeanne Mance</th>
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<td>Phone: (802) 656-2598</td>
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<th>Redstone Campus</th>
<th>Christie, Wright, Patterson, and Slade (CWPS)</th>
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<td></td>
<td>Phone: (802) 656-3200</td>
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<th>Redstone Campus</th>
<th>Mason, Simpson, Hamilton, Coolidge, and Redstone (MSHCR)</th>
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<td>Phone: (802) 656-3000</td>
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<th>Redstone Campus</th>
<th>Wing, Davis, Wilks (WDW)</th>
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Costs and Fees
The costs associated with living on campus include the room rate, meal plan, and Inter-Residence Association (IRA) fee. Total cost varies and is based on the room style and type of housing, as well as the meal plan selected. These rates are outlined in detail on the ResLife website and in the housing and meal plan contract. Students are billed twice a year, and payment is due prior to the start of the fall and spring semesters.

Academic Break Housing
During Thanksgiving, winter, and spring breaks, only a few residential complexes remain open. We recognize that some students cannot or choose not to travel away from campus during these break periods. Students interested in this option can preference academic break housing on their housing contract, but are not guaranteed a space in a specific residence hall. Residents not living in break housing who would like to stay on campus must find residents in a break housing area willing to lend their room. There is an additional fee for break housing.

Summer Academic Housing
is available for students taking summer classes. We offer convenient “bridge” housing to summer academic students registered for the first and/or last summer school sessions who wish to stay on campus continuously.

Live-at-Home Request Form
Students who are able to live with a parent or guardian within a commutable distance from campus may want to live at home, and exceptions to their residency requirement will be considered. Requests can be made using our live-at-home request form, which must be notarized and received by June 30 of each academic year that a student is required to live on campus.
We house approximately 5,100 students on four campuses in nine residential complexes. Our complexes offer an assortment of single, double, and triple-occupancy rooms arranged in corridor, suite, and private-style living.

Our residence halls are designed to support academic success and social and educational growth. Residential complexes have study spaces, lounges, and kitchenettes where residents can collaborate on class projects, gather for residential programs, or prepare and share a meal together.

Every room is fully furnished with an extra-long twin bed (36”x80”), a desk, a chair, and a dresser or wardrobe for each resident. Some people choose to loft their beds and most of the beds around campus can be lofted easily. Residents of rooms without loftable beds can rent lofts from local vendors.

Get Fit!

There are two fitness facilities conveniently located in the residence halls:

- Wright Fitness Center (on Redstone Campus)
- McAuley Fitness Center (on North/Trinity Campus)

Memberships can be purchased on a first-come, first-served basis each semester, or for the full year at a discounted rate.

The main desk of each complex serves as a resource hub, where residents receive their mail and other deliveries, borrow recreational or cleaning equipment, and can find answers to all sorts of questions.

Residential Technology

All student rooms are equipped with both wired and wireless Internet, which is also how students access TV and video content. Due to the popularity of cell phones, we do not have landline service in student rooms. However, all residence halls have at least one phone on each floor that residents are welcome to use to make outgoing local calls. To make long-distance calls, a pre-paid calling card is needed.

Accommodations for Students with Disabilities

ResLife is committed to offering a home in our halls to students of all abilities. Our partnership with ACCESS (Accommodation, Consultation, Collaboration, and Educational Support Services) exists so that all students can experience a barrier-free living and learning environment. Students who require a housing accommodation should contact ACCESS upon acceptance to UVM. Comprehensive documentation is required for all requests and must be submitted by June 30 for consideration. Working together with ACCESS, we strive to accommodate all student needs.

Contact ACCESS for information about campus accessibility, accommodations, and services at: (802) 656-7753 or TTY (802) 656-3865
Web: www.uvm.edu/access
Email: access@uvm.edu
ACCESS is located in the Living/Learning Center A170.

So, you made it to UVM.

Now it’s time to use your studies to prepare for a career and make a difference.

CDAE offers real opportunities for students to make a difference while building the skills they need to prepare for their careers. Our courses empower students to solve real-world problems in Vermont & beyond. With our majors: Public Communication, Community & International Development, and Community Entrepreneurship as well as eight minors, you are likely to find a place for yourself in our community.

Community Development and Applied Economics
205 Morrill Hall | 802.656.1013 | www.uvm.edu/cdae
The educational and social programming in our halls demonstrates our commitment to learning both inside and outside the classroom. **Students who wish to be part of a more intentionally designed community of learning can apply for a large range of programmed housing options, from Residential Learning Communities (RLCs) and Living/Learning Center programs to special-interest housing.**

The College of Arts and Sciences also offers their first-year students several residually integrated programs. Research shows that [UVM students who participate in programmed housing](reslife.uvm.edu/content/housing_options_reslife) have higher GPAs, report high levels of satisfaction with their student experience, and are more likely to graduate. Explore the full list of programmed housing options at: reslife.uvm.edu/content/housing_options_reslife.

**First-Year Interest Groups (FIGS) Anticipated for 2015–16!**

A group of 50 students will have an opportunity to participate in this new program that offers special academic links and support in their residential setting. FIGS students will take three classes (required for their area of study) together and live near one another in Davis Hall, a traditional-style residence hall on Redstone Campus that houses approximately 150 students and has spaces designated for study groups and social events. In addition to the experience of living in a larger, diverse residential community, FIGS students will benefit from the opportunity to interact with peers who have similar class schedules and access to academic support services right in their residence hall.

**The Honors College** is a residential college enrolling some of the most capable students from the full spectrum of academic programs at UVM. It provides students a rigorous, multi-disciplinary academic challenge that complements and enriches the entire undergraduate experience.

**What is a Residential Learning Community (RLC)?**

An RLC is a programmed housing option designed to integrate academic learning and community living, involving staff and faculty in the process. RLCs are designed to: 1) make it possible for students who share common interests and ideals to live together in an environment where each student can feel part of a true community; and 2) engage the whole student by joining together in one place and in an intentional manner the intellectual, ethical, and social aspects of college life. RLC program directors work diligently to offer opportunities that link students not only to their learning community, but also to the larger world beyond the campus.
The Arts Initiative is a vibrant community where you can: explore your interest in the creative, visual, and performing arts; cultivate your creativity through gallery exhibits, field trips, artist workshops, and social gatherings; and celebrate the arts through formal and informal connections with faculty, staff, and artists within the wider UVM and Burlington communities.

Members of the Dewey House community work together to make sustained and positive contributions to the community through actions of civic engagement; learn together in seminars designed to increase skills in civic engagement, leadership, and public speaking; and live together to build a strong, collaborative, and dynamic community.

Global Village is where you can explore a community of language and cultural houses, each with diverse programming; learn through special guest lectures, interactive dialogue, field trips, music/dance workshops, and social gatherings; interact through formal and informal contacts among students, faculty, and staff within the Global Village.

GreenHouse is a place to be in community with a diverse group of students who share a passion for living. Explore forests, farms and communities of the Winooski River Watershed; and cultivate deeper relationships with the natural and human systems of which we are a part.

Living/Learning Center Programs
The Living/Learning Center, which opened in 1973, is the original residential learning community at UVM. Providing a unique, suite-style living arrangement, the Center is comprised of up to 45 residential programs created and implemented by students, faculty, and staff. Each program enrolls between 10 and 30 students who share a common interest in topics such as music, art, science and technology, and diverse cultures. Program members follow a yearlong schedule of activities focused around the theme of their program. Activities may include guest lectures, field trips, community service projects, program dinners, social gatherings, independent study/research, and films. The Living/Learning Center hosts an art gallery, computer lab, music practice room, pottery and photography studios, classrooms, a fireplace lounge, dining facilities, faculty apartments and offices, and administrative office spaces.

Full-Year Residential Integrated Programs
- Integrated Fine Arts Program
- Integrated Humanities Program
- Integrated Social Sciences Program
- Integrated Study of Earth and the Environment Program

First-year students in the College of Arts and Sciences have the option of applying to participate in one of four full-year interdisciplinary programs. Participants in these programs live together in special residential communities, where students can easily expand their circle of friends. Students in these programs take four to six connected courses taught by faculty members from different departments. These programs provide added depth, integrate the perspectives of faculty members from different disciplines, and more fully develop students’ creative and expressive abilities. Admission is by application.
Dining Services

University Dining Services at UVM serves the entire campus community and demonstrates their commitment to sustainability by partnering with local/regional growers and producers. They offer a wide range of menu items that give students ample choices for creating nutritious, well-balanced meals. Students with alternative dining needs due to allergies, ethnic or religious observances, food intolerances, and/or other dietary concerns should contact Dining Services directly.

All on-campus students are required to choose a meal plan. Regardless of which plan is chosen, students will have access to unlimited access in resident dining halls, à la carte choices at retail locations, and convenient takeout selections for meals on the go.

Special-Interest Housing

Special-interest communities provide options for students who wish explore a common interest with their peers. Students living in these themed communities are collectively responsible for initiating activities that help expand their understanding of the theme.

- **Gender-Inclusive Housing** is an option for students who are transgendered; discovering their gender identity; gay, lesbian, bisexual or intersex; uncomfortable with a same-gendered roommate; or more comfortable with a roommate of a different gender (housed in several locations on campus).

- **Global Neighbors** is a mixed-nationality community where students share a floor with residents from around the U.S. and the world, and where cross-cultural interactions are the daily norm (housed in Marsh/Austin/Tupper).

- **Rainbow Cottage** is a comfortable housing alternative for lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) students (housed in the Cottages).

- **S.A.F.E. (Substance and Alcohol-Free Environment)** is a tight-knit community where members participate in community service projects that promote substance-free lifestyles (housed in Redstone Hall).

Wellness Environment

**WE** is open to all first-year students who are interested in keeping their living spaces focused on healthy bodies and healthy minds. To do so, community members will uphold their commitment to a residential environment free from the influence and impact of alcohol and other drugs. WE residents will:

- Enroll in a Healthy Brains, Healthy Bodies course
- Have access to fitness and nutrition coaching, mindfulness, yoga, Tai Chi, etc.
- Participate in community-building with the Health & Wellness RLC through field trips, community dinners, and other programs
- Live within the Christie/Wright/Patterson complex on Redstone Campus

Convenient Location

Great Selection

City Market

Your Community-Owned Grocery Store

82 S. Winooski Ave, Burlington, VT 05401
Open 7 a.m. - 11 p.m. every day • 802-861-9700 • www.citymarket.coop
Developing a Respectful Community

Living in a residence hall can be one of the most rewarding aspects of the UVM experience. Students may never again come in contact with such a variety of individuals in one community. Residence halls provide an opportunity for students to develop an appreciation for and understanding of differences between themselves and others.

Community development begins during the very first week of the semester when RAs hold “circles” to create community-living commitments. During these meetings, students engage in conversation about the value of making informed decisions and taking responsibility for the communities in which they live and learn. The community-living commitment is meant to establish standards to address issues such as noise, guests, respect of common spaces, etc.

Staying Safe in the Halls and On Campus

Although the UVM campus is a very safe place to live, it is important for residents to take an active role in protecting and taking care of themselves, their community, and their property.

Safety tips for students:

- Be aware of your property
- Purchase renters’ insurance
- Give a second thought to sharing your schedules and photos on Facebook or other social-networking sites
- Keep your phone charged and with you
- Sign up for CatAlert, UVM’s rapid emergency notification system
- Keep your room key and student ID separate
- Lock your door and carry your key with you at all times
- Lock your bike whenever you are not using it
- Register your bike, computer, and other valuables with UVM Police Services at: www.uvm.edu/police
- Talk to roommate(s) about the security of your room
- Walk in groups, especially after dark

How we help keep our students safe

In the Halls:
- Student living spaces locked 24/7
- Police Services and hall staff on call 24/7
- Centrally monitored fire/CO alarm systems
- Automatic sprinklers
- Land-line phones on every floor
- Policies prohibiting alcohol
- Policies prohibiting illegal substances
- Policies prohibiting covering sprinklers or heat sensors
- Regular health and safety inspections

On Campus:
- On- and off-campus shuttle buses
- Well-lit main pathways between buildings
- CatAlert emergency notification system
- Blue Light emergency phones

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- Register your bike, computer, and other valuables with UVM Police Services at: www.uvm.edu/police
- Talk to roommate(s) about the security of your room
- Walk in groups, especially after dark
Dear Parents and Families:

UVM is excited to welcome your student, and also you, into our community. One of the great things about UVM is its connection to our wonderful host city, Burlington. During their time at UVM, our students become important and active members of the greater Burlington community, with all of the life, career, and social opportunities that make it one of the best places to live and work in the U.S.A.

Burlington is a city of neighborhoods where students live side-by-side with families with young children, seniors, professionals, and working people.

Students who live on campus will have many opportunities to go through these neighborhoods on their way to Church Street in downtown Burlington, the Waterfront, or other places in the City. As new students explore the community, they are often unaware of their impact on their neighbors; from the noise coming from groups walking late at night to the disruptive behavior that is often fueled by alcohol use (yelling, public urination, littering, and property destruction). Our off-campus students are also impacted by large groups of on-campus students looking for parties who are denied access and remain on the street where their noise level attracts police attention. UVM and

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Ways to Engage & Gain Leadership Skills

- **Join Hall Council:** Plan hall events and advocate for student voices in the residence hall community.
- **Get a ResLife Work-Study Job:** Positions are available at each residence hall main desk, in our central office, or at our fitness centers.
- **Participate in Inter-Residence Association (IRA):** Provide input on such issues as campus safety, room selection, transportation, and hall programs.
- **Consider becoming a Resident Advisor (RA):** Learn practical leadership skills, enjoy opportunities for personal growth, and make a difference in the residential community.
- **Become an Eco-Rep:** Promote environmental stewardship and help educate our residents about eco-issues.
- **Apply to be a program director or other student leader in a residential learning community.**
- **Become a peer tutor or advisor**
- **Join the Student Government Association (SGA)**
- **Take part in music and theater events**
- **Participate in Community-University Partnerships & Service-Learning (CUPS)**
- **Volunteer in the community**
- **Join a club!** More than 100 clubs exist, including intramurals and club sports.
- **Root for your favorite NCAA Division I athletic team... UVM has 20 of them!**

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Got Cat$cratch?

Cat$cratch converts University ID cards into debit cards that can be used at many locations both on and off campus. See where Cat$cratch dollars can be used at: www.uvm.edu/~catcard.

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A Message from the Dean of Students, SGA, and Burlington City Council
As you talk with your student about living in the UVM and Burlington community, please share the message of care about both their safety and their neighbors’ well-being. Students living in Burlington live on a two-way street where youth, enthusiasm, and vitality intersect with responsibility. Your role in reinforcing responsible and respectful behavior is essential, and both UVM and the City are here to help.

If you have questions, please contact the Office of Student & Community Relations at: www.uvm.edu/~oscr or call (802) 656-9405.

David Nestor
Dean of Students

Aya AL-Namee
President, UVM Student Government Association

Sharon Bushor
Burlington City Councilor and UVM Community Coalition Member

the City have been working together to eliminate these problems and to create safer and healthier neighborhoods for all. We invite our new students and their parents to be partners with us in these efforts.

Life Off Campus

Important information for new Burlington residents:

• The City’s noise ordinance is enforced 24 hours a day, with quiet hours designated from 10 p.m. to 7 a.m. Fines are $300-$500 per violation and the third violation is criminal.

• The city enforces alcohol, trash, parking, and other quality-of-life ordinances. Fines are $50-$1,000 per violation.

• Both UVM and Burlington police vigorously enforce local and state laws and notify UVM’s Center for Student Ethics and Standards about all off-campus violations. Find more information on City ordinances in Chapter 3 of the UVM Off-Campus Survival Guide.

The City of Burlington and UVM are also concerned about your student’s safety and invite you to visit these resources.

• Statement of Expectations for Off-Campus Students (www.uvm.edu/~cses)

• Navigating life off campus, a link to the UVM Off-Campus Survival Guide, and tips on connecting with the local community to help create healthier and safer neighborhoods: Office of Student and Community Relations (OSCR) (www.uvm.edu/~oscr)

• Crime prevention and protection: UVM Police Services (www.uvm.edu/~police) and the Burlington Police Department (www.burlingtonvt.gov/PD)

• Getting to and from campus safely: Off-Campus Late-Night Shuttle (www.uvm.edu/tps/transportation)

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# Campus Services Directory

<table>
<thead>
<tr>
<th>DEPARTMENT</th>
<th>CAMPUS LOCATION</th>
<th>PHONE</th>
<th>WEBSITE</th>
</tr>
</thead>
<tbody>
<tr>
<td>UVM Information</td>
<td></td>
<td>(802) 656-3131</td>
<td><a href="http://www.uvm.edu">www.uvm.edu</a></td>
</tr>
<tr>
<td>Academic Support Programs</td>
<td>Living/Learning Center 244 Commons</td>
<td>(802) 656-4075</td>
<td><a href="http://www.uvm.edu/aspprogs">www.uvm.edu/aspprogs</a></td>
</tr>
<tr>
<td>ACCESS (Accommodation, Consultation, Collaboration, and Educational Support Services)</td>
<td>Living/ Learning Center A170</td>
<td>(802) 656-7753</td>
<td><a href="http://www.uvm.edu/access">www.uvm.edu/access</a></td>
</tr>
<tr>
<td>Admissions</td>
<td>194 S. Prospect St.</td>
<td>(802) 656-3370</td>
<td><a href="http://www.uvm.edu/admissions">www.uvm.edu/admissions</a></td>
</tr>
<tr>
<td>ALANA (African, Latino(a), Asian &amp; Native American) Student Center</td>
<td>Blundell House 342 S. Prospect St.</td>
<td>(802) 656-3819</td>
<td><a href="http://www.uvm.edu/~asc">www.uvm.edu/~asc</a></td>
</tr>
<tr>
<td>Alumni Association</td>
<td>Grasse Mount 411 Main St.</td>
<td>(802) 656-2010</td>
<td>alumni.uvm.edu</td>
</tr>
<tr>
<td>Athletics</td>
<td>Patrick Gym</td>
<td>(802) 656-3074</td>
<td><a href="http://www.uvm.edu/athletics">www.uvm.edu/athletics</a></td>
</tr>
<tr>
<td>Bookstore</td>
<td>Davis Center</td>
<td>(800) 331-7305</td>
<td>uvmstore.uvm.edu</td>
</tr>
<tr>
<td>Career Center</td>
<td>Living/Learning Center E140</td>
<td>(802) 656-3450</td>
<td><a href="http://www.uvm.edu/~career">www.uvm.edu/~career</a></td>
</tr>
<tr>
<td>Career + Experience Hub</td>
<td>Davis Center</td>
<td>(802) 656-3450</td>
<td><a href="http://www.uvm.edu/~career">www.uvm.edu/~career</a></td>
</tr>
<tr>
<td>CATcard Office</td>
<td>Davis Center</td>
<td>(802) 656-4509</td>
<td><a href="http://www.uvm.edu/~catcard">www.uvm.edu/~catcard</a></td>
</tr>
</tbody>
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Lindsay Hammond ’14
<table>
<thead>
<tr>
<th>Service</th>
<th>Location</th>
<th>Phone Number</th>
<th>Website Link</th>
</tr>
</thead>
<tbody>
<tr>
<td>Center for Cultural Pluralism</td>
<td>Allen House 461 Main St.</td>
<td>(802) 656-8833</td>
<td><a href="http://www.uvm.edu/~ccpuvm">www.uvm.edu/~ccpuvm</a></td>
</tr>
<tr>
<td>Center for Health and Wellbeing</td>
<td>Primary Care 425 Pearl St.</td>
<td>(802) 656-3350</td>
<td><a href="http://www.uvm.edu/~chwb">www.uvm.edu/~chwb</a></td>
</tr>
<tr>
<td>Center for Student Ethics and Standards</td>
<td>Nicholson House 41 S. Prospect St.</td>
<td>(802) 656-4360</td>
<td><a href="http://www.uvm.edu/cses">www.uvm.edu/cses</a></td>
</tr>
<tr>
<td>Computer Helpline</td>
<td>Davis Center</td>
<td>(802) 656-2604</td>
<td><a href="http://www.uvm.edu/it/help">www.uvm.edu/it/help</a></td>
</tr>
<tr>
<td>Computer Depot (in bookstore)</td>
<td></td>
<td></td>
<td><a href="http://uvmstore.uvm.edu">uvmstore.uvm.edu</a></td>
</tr>
<tr>
<td>Continuing and Distance Education</td>
<td>322 S. Prospect St.</td>
<td>(802) 656-2085</td>
<td><a href="http://www.uvm.edu/~learn">www.uvm.edu/~learn</a></td>
</tr>
<tr>
<td>Counseling &amp; Psychiatry Services (CAPS)</td>
<td>Jacobs House 146 S. Williams St.</td>
<td>(802) 656-3340</td>
<td><a href="http://www.uvm.edu/~chwb/psych">www.uvm.edu/~chwb/psych</a></td>
</tr>
<tr>
<td>Dudley H. Davis Center</td>
<td>590 Main St.</td>
<td>(802) 656-1204</td>
<td><a href="http://www.uvm.edu/daviscenter">www.uvm.edu/daviscenter</a></td>
</tr>
<tr>
<td>Dean of Students Office</td>
<td>Nicholson House 41 S. Prospect St.</td>
<td>(802) 656-3380</td>
<td><a href="http://www.uvm.edu/~dos">www.uvm.edu/~dos</a></td>
</tr>
<tr>
<td>Dining Services</td>
<td>Robinson Hall 406 S. Prospect St.</td>
<td>(802) 656-4664</td>
<td><a href="http://uds.uvm.edu">uds.uvm.edu</a></td>
</tr>
<tr>
<td>Learning Cooperative</td>
<td>Living/Learning Center 244 Commons</td>
<td>(802) 656-4075</td>
<td><a href="http://www.uvm.edu/~learnco">www.uvm.edu/~learnco</a></td>
</tr>
<tr>
<td>LGBTQA (Lesbian, Gay, Bisexual, Transgender, Questioning, and Ally) Center</td>
<td>Allen House 461 Main St.</td>
<td>(802) 656-8637</td>
<td><a href="http://www.uvm.edu/~lgbtqa">www.uvm.edu/~lgbtqa</a></td>
</tr>
<tr>
<td>Library (Bailey/Howe)</td>
<td>Central Campus</td>
<td>(802) 656-2023</td>
<td><a href="http://library.uvm.edu">library.uvm.edu</a></td>
</tr>
<tr>
<td>Office of International Education</td>
<td>Living/Learning Center B162</td>
<td>(802) 656-4296</td>
<td><a href="http://www.uvm.edu/~oies">www.uvm.edu/~oies</a></td>
</tr>
<tr>
<td>Office of Student and Community Relations</td>
<td>Pearl House 2 Colchester Ave.</td>
<td>(802) 656-9405</td>
<td><a href="http://www.uvm.edu/~oscr">www.uvm.edu/~oscr</a></td>
</tr>
<tr>
<td>Police Services</td>
<td>284 East Ave.</td>
<td>(802) 656-3473</td>
<td><a href="http://www.uvm.edu/~police">www.uvm.edu/~police</a></td>
</tr>
<tr>
<td>Print and Mail Services</td>
<td>118 Waterman Building</td>
<td>(802) 656-2960</td>
<td><a href="http://www.uvm.edu/~pmc">www.uvm.edu/~pmc</a></td>
</tr>
<tr>
<td>Registrar</td>
<td>360 Waterman Building</td>
<td>(802) 656-2045</td>
<td><a href="http://www.uvm.edu/~registrar">www.uvm.edu/~registrar</a></td>
</tr>
<tr>
<td>Student Financial Services</td>
<td>223 Waterman Building</td>
<td>(802) 656-5700</td>
<td><a href="http://www.uvm.edu/sfs">www.uvm.edu/sfs</a></td>
</tr>
<tr>
<td>Student Life</td>
<td>Davis Center 310</td>
<td>(802) 656-2060</td>
<td><a href="http://www.uvm.edu/~slife">www.uvm.edu/~slife</a></td>
</tr>
<tr>
<td>Transportation and Parking</td>
<td>38 Fletcher Place</td>
<td>(802) 656-8686</td>
<td><a href="http://www.uvm.edu/~tpswww">www.uvm.edu/~tpswww</a></td>
</tr>
<tr>
<td>Women's Center</td>
<td>34 S. Williams St.</td>
<td>(802) 656-7892</td>
<td><a href="http://www.uvm.edu/~women">www.uvm.edu/~women</a></td>
</tr>
</tbody>
</table>

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**University Mall**

155 DORSET STREET, SOUTH BURLINGTON
(802) 863.1066
[www.umallvt.com](http://www.umallvt.com)

Like us on Facebook

**Sheraton Burlington Hotel & Conference Center**

Call 800 325 3535
### Dates to Remember

**FALL 2015**

- **Halls Open for First-Year Students**: Friday, August 28
- **Halls Open for Returning Students**: Sunday, August 30
- **Classes Begin**: Monday, August 31
- **Labor Day Holiday**: Monday, September 7
- **Halls Close for Thanksgiving Recess**: Friday, November 20, 8 p.m.
- **Thanksgiving Recess**: November 23–27
- **Halls Reopen**: Sunday, November 29, 8 a.m.
- **Classes End**: Wednesday, December 9
- **Reading and Exam Period**: December 10–18
- **Halls Close for Winter Recess**: Friday, December 18, 8 p.m.

**SPRING 2016**

- **Halls Reopen**: Sunday, January 17, 8 a.m.
- **Martin Luther King Holiday**: Monday, January 18
- **Classes Begin**: Tuesday, January 19
- **Presidents Day Holiday**: Monday, February 15
- **Halls Close for Spring Recess**: Friday, March 4, 8 p.m.
- **Spring Recess**: March 7–11
- **Halls Reopen**: Sunday, March 13, 8 a.m.
- **Classes End**: Wednesday, May 4
- **Reading and Exam Period**: May 5–13
- **Halls Close for Summer**: Friday, May 13, 8 p.m.
- **Commencement**: Sunday, May 22

### Places to Stay

- **254 South Union Street Guest House**
  - 254 S. Union St.
  - Burlington, VT 05401
  - (802) 862-7843
  - [www.254southunion.com](http://www.254southunion.com)
  - Please see ad on p. 26.
- **Green Mountain Suites Hotel**
  - 401 Dorset St.
  - South Burlington, VT 05403
  - (802) 337-1616
  - [www.greenmountainsuites.com](http://www.greenmountainsuites.com)
  - Please see ad on p. 26.
- **Hilton Burlington**
  - 60 Battery St.
  - Burlington, VT 05401
  - (802) 658-6500
  - [www.hilton Burlington.com](http://www.hilton Burlington.com)
  - Please see ad on p. 15.
- **Hotel Vermont**
  - 41 Cherry St.
  - Burlington, VT 05401
  - (802) 599-2788
  - [www.hotelvt.com](http://www.hotelvt.com)
  - Please see ad on p. 8.
- **Made INN Vermont**
  - 204 South Willard St.
  - Burlington, VT 05401
  - (802) 599-2788
  - [www.madeinnvermont.com](http://www.madeinnvermont.com)
  - Please see ad on p. 36.
- **Shelburne Camping Area**
  - 4385 Shelburne Rd.
  - Shelburne, VT 05482
  - (802) 985-2540
  - [www.shelburnecamping.com](http://www.shelburnecamping.com)
  - Please see ad on p. 29.
- **Sheraton Burlington Hotel and Conference Center**
  - 870 Williston Rd.
  - Burlington, VT 05403
  - (802) 866-6600
  - [www.burlington.hilton.com](http://www.burlington.hilton.com)
  - Please see ad on p. 35.
- **Sinclair Inn**
  - 389 Vermont RTE. 15
  - Jericho, VT 05464
  - (802) 899-2234
  - [www.sinclairinnbb.com](http://www.sinclairinnbb.com)
  - Please see ad on p. 33.
- **Topnotch Resort and Spa**
  - 4000 Mountain Rd.
  - Stowe, VT 05672
  - (802) 565-8686
  - (802) 565-8585
  - [www.topnotchresort.com](http://www.topnotchresort.com)
  - Please see ad on p. 11.

### Places to Live

- **Redstone Lofts**
  - 165 Davis Rd.
  - Burlington, VT 05401
  - (802) 599-2788
  - [www.redstonelofts.com](http://www.redstonelofts.com)
  - Please see ad on p. 23.
- **Spinner Place**
  - 25 Winooski Falls Way
  - Winooski, VT 05404
  - (802) 861-2710
  - [www.spinnerplace.com](http://www.spinnerplace.com)
  - Please see ad on p. 9.

### Where to Eat

- **Healthy Living Market and Cafe**
  - 222 Dorset St.
  - South Burlington, VT 05403
  - (802) 863-2569
  - [www.healthylivingmarket.com](http://www.healthylivingmarket.com)
  - Please see ad on inside back cover.
- **Pauline’s Cafe & Restaurant**
  - 1834 Shelburne Rd.
  - South Burlington, VT 05403
  - (802) 862-1081
  - [www.paulinescafe.com](http://www.paulinescafe.com)

### Where to Shop

- **City Market**
  - 82 S. Winooski Ave.
  - Burlington, VT 05401
  - (802) 861-9700
  - [www.citymarket.coop](http://www.citymarket.coop)
  - Please see ad on p. 22.
- **University Mall**
  - 155 Dorset St.
  - South Burlington, VT 05403
  - (802) 863-1066
  - [www.umallVT.com](http://www.umallVT.com)
  - Please see ad on p. 34.
- **UniversityParent College Laundry Bag**
  - [www.amazon.com/gp/product/B00K0USTYE](http://www.amazon.com/gp/product/B00K0USTYE)
  - Please see ad on p. 25.

### Where to See & Do

- **Stowe Vermont**
  - (888) 265-7321
  - [www.gostowe.com](http://www.gostowe.com)
  - Please see ad on p. 38.

### Additional Services

- **Community Development and Applied Economics**
  - 205 Morrill Hall
  - Burlington, VT 05401
  - (802) 862-7843
  - [www.uvm.edu/cdae](http://www.uvm.edu/cdae)
  - Please see ad on p. 17.
- **UVM Center for Health & Wellbeing**
  - 425 Pearl St.
  - Burlington, VT 05401
  - (802) 656-3350
  - [www.uvm.edu/health](http://www.uvm.edu/health)
  - Please see ad on p. 39.
- **Transportation and Parking Services**
  - (802) 656-8686
  - [www.uvm.edu/tps](http://www.uvm.edu/tps)
  - Please see ad on p. 28.
- **Vermont Student Assistance Corporation (VSAC)**
  - 10 East Allen St.
  - Winooski, VT 05404
  - (800) 798-8722
  - vsac.org
  - Please see ad on p. 3.
- **UniversityParent E-News**

### Fall 2015

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- **Classes End**: Wednesday, May 4
- **Reading and Exam Period**: May 5–13
- **Halls Close for Summer**: Friday, May 13, 8 p.m.
- **Commencement**: Sunday, May 22
Congratulations!
Find special offers just for you at gostowe.com/uvm

Stoweflake Mountain Resort & Spa
stoweflake.com
800-253-2232
Ideally located in the heart of Stowe, this family owned and operated AAA 4-diamond property is home to combination of facilities unrivaled in New England. Accommodations are all surrounded by majestic mountains and panoramic vistas. Stoweflake’s vast grounds include 9-hole, par-3 golf facilities, tennis courts, indoor/outdoor pools, outdoor Jacuzzi, and 5k fitness trail. Eat at award-winning Charlie B’s Pub & Restaurant and relax in the serenity of the Spa at Stoweflake.

Trapp Family Lodge
trappfamily.com
800-826-7000

Green Mountain Inn
greenmountaininn.com
800-253-7302

A world away, but just around the corner.

Celebrate graduation with comfortable accommodations for the entire family, a sumptuous meal to please everyone’s palate, and a breath of fresh air. No lines, no traffic – just off-season rates, and an easy drive to Campus for the big event.

Congratulations!
Find special offers just for you at gostowe.com/uvm

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Having a hard time making sure your college kids are eating well? Check out healthylivingtogo.com, where you can do their shopping for them and arrange for pick-up or delivery right to their dorm or apartment!

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We’re offering $10 off any order of $50 or more through 2/24/15! Simply use promo code UVMHLTGO at the checkout; one time use only.

To find out more go to healthylivingtogo.com or give our Customer Service team a call at 802.863.2569.

HIL MARKET AND CAFÉ
222 DORSET ST, SOUTH BURLINGTON • 802.863.2569 • WWW.healthylivingmarket.com
Services and Resources

Student Health Services (SHS)

Primary Care Services
UHC building, ground & 2nd floor
802-656-3350
- Illness and injury evaluation, treatment and follow-up
- Management of ongoing health conditions
- Prevention and screening services
- Medical management of mental health conditions
- Sexual health services (birth control, STIs, sexual assault support)
- Women’s, men’s, and transgender health care

Specialty Services
- Allergy injections: 656-3350
- Nutrition consultation: 656-FOOD (3663)
- Travel medicine consultation: 656-3350

Administrative Services
- Health insurance info: 656-0602
- Medical records: 656-3303
- Immunization compliance: 656-0970

Athletic Medicine
Patrick Gymnasium; 802-656-7750
- Medical and athletic training services for varsity athletes

Counseling and Psychiatry Services (CAPS)

Jacobs House and
Wright Hall, Redstone Campus
802-656-3340
- Individual & couples counseling
- Group counseling
- Crisis services
- Assessments & evaluations
- Treatment & recovery referrals
- Prescriptions & treatment
- Relaxation and stress management

Men’s Counseling & Outreach
802-656-3340
- Crisis intervention & mental health consulting
- Individual counseling & group consultations
- Educational workshops & presentations focused on men & masculinity

Mindfulness Meditation
802-656-3340
- Weekly meditation drop-in groups
- Workshops, presentations, and consultation
- Web-based guided meditation exercises

Help Overcoming Problem Eating (HOPE)
802-656-3340
- Multidisciplinary case management team
- Counseling, nutritional, medical and psychiatric support and consultation

Living Well
Health Education & Outreach at The Davis Center
802-656-0441
- Inspiring, fun wellness events & educational workshops
- Relaxation room & massage chair
- Connect to Center for Health & Wellbeing services
- Safe space to explore your relationship with wellness
- Tools to build lifelong healthy habits
- Health & wellness resources & information

www.uvm.edu/health